

WASA U6 Division Guidelines

Team Size	Teams will have a maximum of 5 or 6 players.
Number of Players & Playing Time	<p>May play 3 or 4 players on the field. More than 4 is expressly prohibited. Coaches do not have the authority to increase this number.</p> <p>There are no goal keepers. However, a defender may be positioned to guard the goal. This defender is not considered to be a goal keeper because the player may not use his or her hands to prevent a goal.</p> <p>Each player on the team must play a minimum of 24 minutes.</p>
Match Length	<p>Four 10 minute quarters</p> <p>Breaks between the 1st & 2nd quarters and the 3rd & 4th quarters are 2 minutes.</p> <p>Half Time is 5 Minutes.</p> <p>Teams ARE required to switch ends at half-time.</p> <p>Each quarter starts with a kickoff. Teams alternate quarters for the kick-off.</p>
Substitutions	Open substitution for either team (with referee permission) anytime play is stopped for a ball that is off the field... also at quarter and half-time breaks, or for an injury.
Ball Size	Size 3
Field Size	Minimum size: 25 x 20 yards
Coaches	Coaches are NOT permitted on the field unless they are summoned by the referee.
Slide Tackling	<p>Slide tackling is not permitted. Players should stay on their feet.</p> <p>Slide tackling is penalized with an indirect free kick.</p>
Heading the Ball	<p>Heading is not permitted. Players should trap the ball and then play it with their feet.</p> <p>Heading is penalized with an indirect free kick.</p>
Goal Scoring	The kicker must be in the opponent's end of the field for a goal to be scored. If the kicker is in his/her team's end of the field, a goal kick is awarded to the other team.
Free Kicks Penalty Kicks	<p>All free kicks are Indirect Free Kicks.</p> <p>There are no penalty kicks. An indirect free kick is given at the spot of the foul.</p> <p>If that's in the goal area, the kick is given at the closest spot on the goal area line that is parallel to the goal line. Defenders are permitted to line up in the goal mouth.</p>
Off Side	Off side is not enforced.
Throw-ins (Kick-In)	<p>The ball is placed on the sideline within 1 yard of where it left the field.</p> <p>The ball is then kicked in. A goal cannot be scored from a kick-in.</p>
Goal Kicks	<p>Opponents are required to be on their own end of the field until the ball is in play.</p> <p>The ball is in play when it is kicked and moves.</p>
Trophies	Participation trophies are awarded to all players.

WASA U7 Division Guidelines

Team Size	Teams will have a maximum of 9 players.
Number of Players & Playing Time	<p>May play 3 to 5 players on the field. More than 5 is expressly prohibited. Coaches do not have the authority to increase this number.</p> <p>There are no goal keepers. However, a defender may be positioned to guard the goal. This defender is not considered to be a goal keeper because the player may not use his or her hands to prevent a goal.</p> <p>Each player on the team must play a minimum of 24 minutes.</p>
Match Length	<p>Four 10 minute quarters</p> <p>Breaks between the 1st & 2nd quarters and the 3rd & 4th quarters are 2 minutes.</p> <p>Half Time is 5 Minutes.</p> <p>Teams ARE required to switch ends at half-time.</p> <p>Each quarter starts with a kickoff. Teams alternate quarters for the kick-off.</p>
Substitutions	Open substitution for either team (with referee permission) anytime play is stopped for a ball that is off the field... also at quarter and half-time breaks, or for an injury.
Ball Size	Size 3
Field Size	Minimum size: 35 x 24 yards
Coaches	Coaches are NOT permitted on the field unless they are summoned by the referee.
Slide Tackling	<p>Slide tackling is not permitted. Players should stay on their feet.</p> <p>Slide tackling is penalized with an indirect free kick.</p>
Heading the Ball	<p>Heading is not permitted. Players should trap the ball and then play it with their feet.</p> <p>Heading is penalized with an indirect free kick.</p>
Goal Scoring	The kicker must be in the opponent's end of the field for a goal to be scored. If the kicker is in his/her team's end of the field, a goal kick is awarded to the other team.
Free Kicks Penalty Kicks	<p>All free kicks are Indirect Free Kicks.</p> <p>There are no penalty kicks. An indirect free kick is given at the spot of the foul.</p> <p>If that's in the goal area, the kick is given at the closest spot on the goal area line that is parallel to the goal line. Defenders are permitted to line up in the goal mouth.</p>
Off Side	Off side is not enforced.
Throw-ins (Kick-In)	<p>The ball is placed on the sideline within 1 yard of where it left the field.</p> <p>The ball is then kicked in. A goal cannot be scored from a kick-in.</p>
Goal Kicks	<p>Opponents are required to be on their own end of the field until the ball is in play.</p> <p>The ball is in play when it is kicked and clearly moves.</p>
Trophies	Participation trophies are awarded to all players.

WASA U8 Division Guidelines

Number of Players (On the Field)	<p>6 or 7 players (5 or 6 plus the goal keeper)</p> <p>Before the season starts the coordinator will determine the exact number for that season based on the number of players and the number of coach volunteers. The number on the field may not be greater than 7 (6 plus the keeper).</p> <p>Before any player may play an entire game, all other players on the team must play at least $\frac{3}{4}$ of the game.</p>
Mercy Rule	<p>If a team falls behind by 3 goals, an extra player may be added to the field. If the lead is reduced to two goals, the extra player must come off the field.</p> <p>If the lead increases to 5 goals another extra player may be added. If the lead is reduced to four goals, one of the extra players must come off the field.</p>
Match Length	20 minute halves. The game clock does not stop.
Substitutions	<p>Substitutes must be at the mid-field line waiting for referee permission to enter.</p> <p>Open substitution for either team (with referee permission) anytime play is stopped for a ball that is off the field... also at half-time, or for an injury.</p>
Ball Size	Size 3
Field Size	60x40 - sizes may vary slightly by location
Coaches	<p>Coaching is from the team side only, between the penalty area and the mid-field line. Coaches must stay off the field unless summoned by the referee.</p> <p><i>Coaching is not permitted from the spectator side or from behind the goals!!!</i></p>
Slide Tackling	<p>Slide tackling is not permitted. Players should stay on their feet. Slide tackling is penalized with an indirect free kick. Slide tackling from behind is penalized with a direct free kick. If a slide tackle from behind occurs in the penalty area, a PK is awarded. Repeated offense may result in a yellow card caution.</p>
Heading the Ball	<p>Heading is not permitted. Players should trap the ball and then play it with their feet. Heading is penalized with an indirect free kick.</p>
Off Side	Off side is enforced.
Throw-ins	For improper throw-ins, the referee may give players a second chance, but is not required to do so.
Tournament	<p>Festival... No scores or standings are kept. The Festival format is determined by the league coordinator.</p>
Trophies	Participation trophies are awarded to all players.

WASA U10 Division Guidelines

Number of Players (On the Field)	<p>Boys: 10 players, (9 plus the goal keeper) Girls: 7 players, (6 plus the goal keeper)</p> <p>From season to season the number players on the field may vary due to the number of players registered and the number of volunteers to coach.</p> <p>Before any player may play an entire game, all other players on the team must play at least $\frac{3}{4}$ of the game.</p>
Mercy Rule	<p>Coed U10 and Girls U10: If a team falls behind by 3 goals, an extra player may be added to the field. If the lead is reduced to two goals, the extra player must come off the field.</p> <p>Girls U10 only: If the lead increases to 5 goals another extra player may be added. If the lead is reduced to four goals, one of the extra players must come off the field.</p>
Match Length	25 minute halves. The game clock does not stop.
Substitutions	<p>Substitutes must be at the mid-field line waiting for referee permission to enter.</p> <p>Open substitution for either team (with referee permission) anytime play is stopped for a ball that is off the field... also at half-time, or for an injury.</p>
Ball Size	Size 4
Field Size	Medium - sizes vary by location
Coaches	<p>Coaching is from the team side only, between the penalty area and the mid-field line. Coaches must stay off the field unless summoned by the referee.</p> <p><i>Coaching is not permitted from the spectator side or from behind the goals!!!</i></p>
Slide Tackling	<p>Slide tackling is not permitted. Players should stay on their feet. Slide tackling is penalized with an indirect free kick. Slide tackling from behind is penalized with a direct free kick. If a slide tackle from behind occurs in the penalty area, a PK is awarded. Repeated offense may result in a yellow card caution or red card dismissal.</p>
Heading the Ball	<p>Heading is not permitted. Players should trap the ball and then play it with their feet. Heading is penalized with an indirect free kick.</p>
Off Side	Off side is enforced.
Throw-ins	For improper throw-ins, the referee may give players a second chance, but is not required to do so. Expect the ball to be turned over to the other team.
Tournament	<p>Festival... No scores or standings are kept. The Festival format is determined by the league coordinator.</p>
Trophies	Participation trophies are awarded to all players.

WASA U12 Division Guidelines

Number of Players (On the Field)	<p>Coed: 11, (10 plus the goal keeper) Girls: 8, (7 plus the goal keeper) the girls number may vary in some seasons</p> <p>Before any player may play an entire game, all other players on the team must play at least $\frac{3}{4}$ of the game.</p>
Mercy Rule For ALL U12 Divisions	<p>If a team falls behind by 3 goals, an extra player may be added to the field. If the lead is reduced to two goals, the extra player must come off the field.</p>
Match Length	25 minute halves. The game clock does not stop.
Substitutions	<p>Substitutes must be at the mid-field line waiting for referee permission to enter.</p> <p>Open substitution for either team (with referee permission) anytime play is stopped for a ball that is off the field... also at half-time, or for an injury.</p>
Ball Size	Size 4
Field Size	<p>Coed: Large - sizes vary by location Girls: Medium - sizes vary by location</p>
Coaches	<p>Coaching is from the team side only, between the penalty area and the mid-field line. Coaches must stay off the field unless summoned by the referee.</p> <p><i>Coaching is not permitted from the spectator side or from behind the goals!!!</i></p>
Slide Tackling	<p>Slide tackling <i>is</i> permitted. However, the tackle must initiate from within field of vision of the player with the ball, never from behind.</p> <p>Slide tackling from behind is penalized with a direct free kick. If a slide tackle from behind occurs in the penalty area, a PK is awarded.</p> <p>Repeated offense may result in a yellow card caution or red card dismissal.</p>
Heading the Ball	Heading the ball is permitted. Practices MUST NOT include heading drills that require players to repeatedly head the ball for several minutes.
Off Side	Off side is enforced.
Throw-ins	For improper throw-ins, the referee will turn the ball over to the other team.
Tournament	Competitive Tournament. Coed and Girls are both in the spring. Tournament format determined by the league coordinator.
Trophies	Participation awards for all players not receiving 1 st or 2 nd place tournament trophies.

WASA Middle School (MSSA) Guidelines*

Number of Players	11 players, (10 plus the goal keeper) Each player should play at least ½ of each game.
Mercy Rule	A team that falls behind by 4 goals may field one additional player. The extra player must come off the field if the lead is reduced to three goals.
Match Length	30 minute halves. The game clock does not stop.
Substitutions	Open substitution. Teams may sub on their own throw-in, the opponent's throw-in if the opponent also has a sub, any goal kick, after a goal or for an injury.
Ball Size	Size 5
Field Size	Minimum of 55 x 100 yards
Referees	A two referee system is permitted. At least one of the referees must be an adult.
Coaches	Coaching is from the team side only, between the penalty area and the mid-field line. Coaches must stay off the field unless summoned by the referee.
Slide Tackling	Slide tackling <i>is</i> permitted in this age group. Slide tackles must comply with FIFA Law 12 guidelines.
Season Schedule	Determined by the Middle School Soccer Association. Teams play home games at WASA fields and away games at other locations.
Tournament	Competitive Post-Season Tournaments in the fall and spring. The format is determined by the Middle School Soccer Association. All teams are seeded and then divided into divisions. Each division competes for a championship.
Trophies	Medals awarded for the post-season tournament, 1 st and 2 nd place in each division.

* MSSA Guidelines are administered by CESA and are subject to change.

WASA High School (HSSA) Guidelines*

Number of Players	<p>11 players, (10 plus the goal keeper)</p> <p>Teams may field no more than 8 boys and at least three girls. During the game, the following adjustments may be made:</p> <ul style="list-style-type: none"> - If 3 girls on the field, may play 8 boys. Total players = 11 - If 2 girls on the field, may play 8 boys. Total players = 10 - If 1 girl on the field, may play 8 boys. Total players = 9 - If 0 girls on the field, may play 8 boys. Total players = 8 <p>Each player should play at least ½ of each game.</p>
Mercy Rule	<p>A team that falls behind by 3 goals may field one additional player, either M or F. <i>(This is the only exception to the 8 boy maximum limit.)</i></p> <p>If the lead is reduced to 2 goals, the extra player must come off the field and the 8 boy limit is in effect again.</p> <p>If the lead becomes 5 goals, the winning team must remove one male player from the field. If the lead is reduced to 4 goals, the player may return.</p>
Match Length	35 minute halves. The game clock does not stop.
Substitutions	Open substitution. Teams may sub: on their own throw-in, on the opponent's throw-in if the opponent also has a sub, before a goal kick for either team, after a goal or for an injury.
Ball Size	Size 5
Referees	A two referee system is permitted. Both referees should be adults.
Slide Tackling	<p>Slide tackling is NOT permitted in this age group. However, a foul is called only if a player from both teams is within playing distance of the ball.</p> <p>Violations are penalized with a DIRECT free kick. If it occurs in the penalty area, a Penalty Kick is awarded.</p> <p>The following warnings are issued for violations of the no slide tackle rule by the same player.</p> <ul style="list-style-type: none"> First occurrence - verbal warning Second occurrence - yellow card caution Third occurrence - red card send-off
Season Schedule	Determined by the High School Soccer Association (HSSA). Teams play home games at WASA fields and away games at other locations.
Tournaments & Trophies	None

* HSSA Guidelines are administered by CESA and are subject to change.