

WASA Adaptations to USYSA Small Sided Game Rules

		U5	U6	U7
Law 1	Field			
	Minimum Size (yards)	25 x 20	25 x 20	35 x 24
	Penalty Area (PA) & Penalty Arc	No	No	No
	Corner Arcs	Yes	Yes	Yes
	Goal Opening	10 Feet	10 Feet	10 Feet
	Goal Posts	Cones or Flags	Cones or Flags	Cones or Flags
	Goal Area	3 Yards	3 Yards	3 Yards
Law 2	Ball Size	3	3	3
Law 3	Maximum Number of Players on Field	3 (No Keeper)	3 (No Keeper)	4 (No Keeper)
	Coach Allowed on the Field	Yes	No	No
	REQUIRED Play Time per Player	15 Minutes	24 Minutes	24 Minutes
	Approximate Play Time	60% of Game	60% of Game	60% of Game
	Loan Players to Make Teams Even	Yes	Yes	Yes
	Substitution (with Referee Permission)	Either team at any stoppage for a ball that is off the field		
Law 4	Player Equipment	FIFA Guidelines (Cold weather clothes permitted under game shirt)		
Law 5	Referee (No Law 6 Assistant Referee)	2 Coaches	1 Adult or 2 Youth (USSF or Rec)	
Law 7	Duration of the Match			
	Number of Periods & Duration	4 x 7 Minutes	4 x 10 Minutes	4 x 10 Minutes
	Break between 1st & 2nd Qtr.	Max. of 2 Min.	Max. of 2 Min.	Max. of 2 Min.
	Half Time	5 Min.	5 Min.	5 Min.
	Break between 3rd & 4th Qtr.	Max. of 2 Min.	Max. of 2 Min.	Max. of 2 Min.
	Total Game Duration	37 Min.	49 Min.	49 Min.
Law 8	Start, Restart of Play	Teams Alternate Kickoffs to Begin Each Quarter		
	Opponent Distance at Kick Off	4 Yards	4 Yards	4 Yards
	Goal Scored directly from a Kick-off	No	No	No
	Teams Switch Ends at Half Time	Mandatory	Mandatory	Mandatory
Law 9	Ball in/Out of Play	FIFA Guidelines -----		
Law 10	Scoring	Kicker must be in opponents end of the field -----		
Law 11	Off Side	Not Enforced (Not penalized if cherry picking) -----		
Law 12	Fouls & Misconduct	Red & Yellow Misconduct Cards Are Not Used -----		
	Referee can require a Sub	No	Yes	Yes
Law 13	Free Kick	All Free Kicks Are Indirect -----		
	Required Opponent Distance	4 Yards	4 Yards	4 Yards
	Goal Scored directly from the kick	No	No	No
Law 14	Penalty Kick	No Penalty Kicks -----		
Law 15	Throw In	Kicked In, Not Thrown In		
	Required Opponent Distance	4 Yards	4 Yards	4 Yards
	Goal Scored directly from the kick	No	No	No
Law 16	Goal Kick			
	Opponent Distance	Behind the Mid-field Line -----		
	Ball in Play When:	Kicked and Moves -----		
Law 17	Corner Kick	FIFA Guidelines -----		
	Required Opponent Distance	4 Yards	4 Yards	4 Yards
	Goal Scored directly from the kick	No	No	No