

Fall 2010 Coach Update



WASA Adaptations To the Laws of the Game for U6 and U7 Small Sided Games

U6 & U7 - Laws of the Game

- | | |
|---------------------------------|-----------------------------|
| 1. The Field | 10. Scoring |
| 2. The Ball | 11. Offside |
| 3. Number of Players | 12. Fouls and Misconduct |
| 4. Player Equipment | 13. Free Kicks |
| 5. The Referee | 14. Penalty Kick |
| 6. Assistant Referee | 15. Throw-In |
| 7. Duration of the Match | 16. Goal Kick |
| 8. Start & Restart of Play | 17. Corner kick |
| 9. Ball IN and OUT of Play | |

Laws in Blue have modifications for U6 & U7

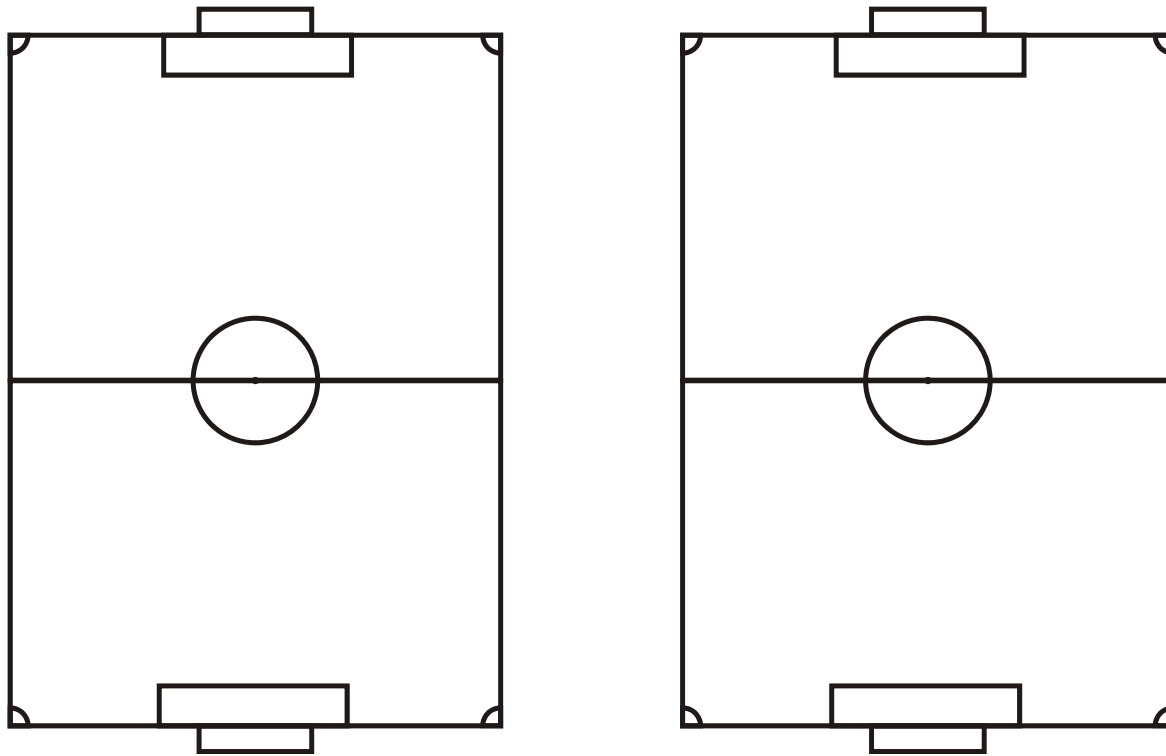
Laws with Red strikeout are not used in U6 & U7

Law 1 The Field **U6 & U7**



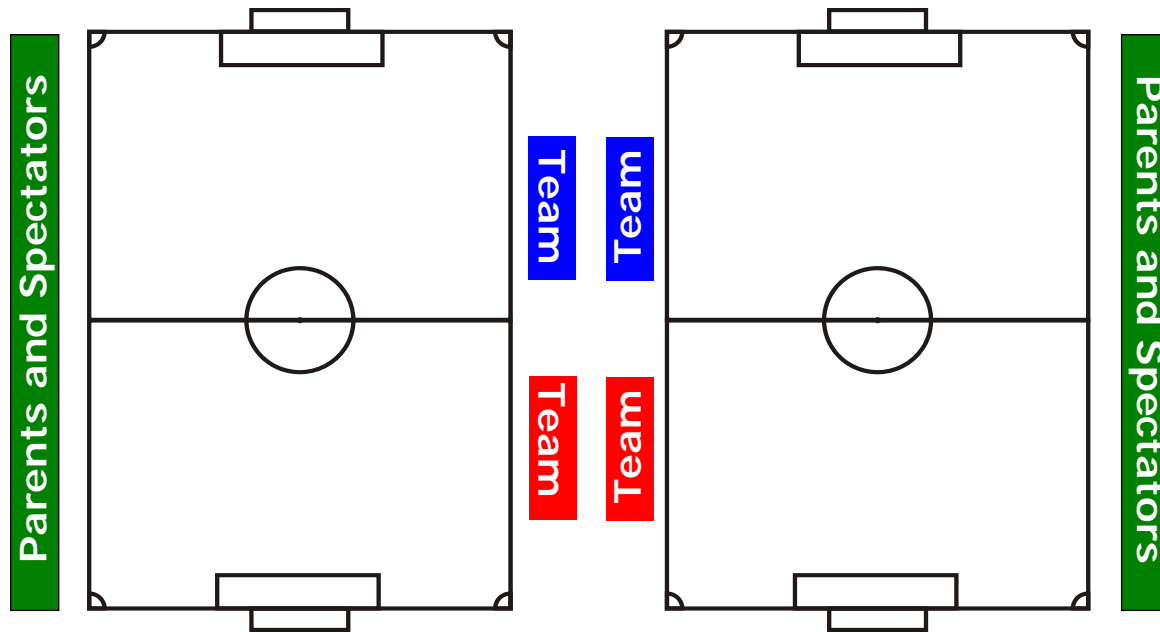
Law 1 The Field **U6 & U7**

- Teams split in half and play 2 games on adjacent fields
- Each field will have a set of referees



During the Game

- Parents and other spectators should be on the opposite side of the field from the teams
- Two or three coaches are permitted on the team side
- **U6 Coaches are no longer permitted on the Field**



Field Conditions



If one field is fine but the other field is unplayable

The referees on the **unplayable** field have the authority to cancel both games...

... AFTER consulting with the other referees and the coaches

Unplayable...

80 percent of the field, and both goal areas, are free of standing water and heavy mud

Law 3 Number of Players

Maximum on the field

U6 **3** (No Keeper)

U7 **4** (No Keeper)



Have a Game Plan?

Position planning forms are available on our website

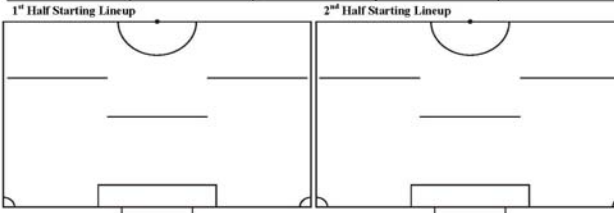
U6 Split Team Game Plan Four 10 Minute Quarters

Game #: _____ Date: _____ Time: _____
Field: _____ Teams: _____

Field A Captains: _____

No subs at quarter or half-time breaks

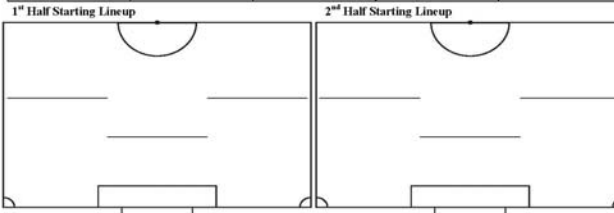
8 Min. into 1st Qtr 6 Min. into 2nd Qtr 4 Min. into 3rd Qtr 2 Min. into 4th Qtr
Begin on Sideline Send in for: Send in for: Send in for: Send in for:



Field B Captains: _____

No subs at quarter or half-time breaks

8 Min. into 1st Qtr 6 Min. into 2nd Qtr 4 Min. into 3rd Qtr 2 Min. into 4th Qtr
Begin on Sideline Send in for: Send in for: Send in for: Send in for:



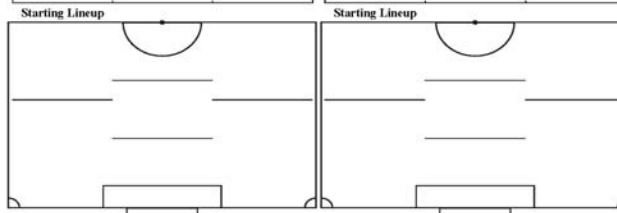
U7 Split Team Game Plan Four 11 Minute Quarters

Game #: _____ Date: _____ Time: _____
Field: _____ Teams: _____

Field A Captains: _____

1st Half (no subs at 1st quarter break) **2nd Half** (no subs at 3rd quarter break)

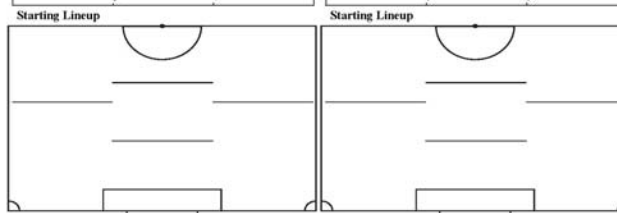
7 Min. into 1st Qtr 3 Min. into 2nd Qtr 7 Min. into 3rd Qtr 3 Min. into 4th Qtr
Begin on Sideline Send in for: Send in for: Begin on Sideline Send in for: Send in for:



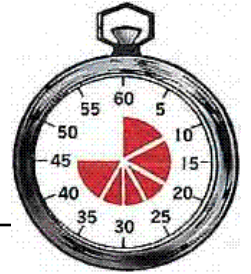
Field B Captains: _____

1st Half (no subs at 1st quarter break) **2nd Half** (no subs at 3rd quarter break)

7 Min. into 1st Qtr 3 Min. into 2nd Qtr 7 Min. into 3rd Qtr 3 Min. into 4th Qtr
Begin on Sideline Send in for: Send in for: Begin on Sideline Send in for: Send in for:



Law 7 Duration of the Match



U6 Four **10** minute quarters

U7 Four **11** minute quarters

Half time **5** minutes

Qtr Breaks **2** minutes (After 1st & 3rd quarters)

Open Substitution - *With Referee Permission*

- For an injury *(If other subs are waiting, the ref may bring them all in)*
- Either team at any stoppage when the ball is off the field
 - Goal Kick
 - Corner Kick
 - Any Throw-in
 - After a goal

**This rule is now used in all WASA
rec divisions from U6 through U12**

Law 8 Start & Restart of Play **U6 & U7**

- The winner of the coin toss picks the goal they want to defend
They cannot choose to kick off
- The other team kicks off to start the game
- Teams alternate kick-offs to start each quarter
- Teams do not switch ends after the 1st & 3rd Quarters
They are required to switch ends at half-time



Law 11 Offside *U6 & U7*

Off Side is NOT enforced

Cherry Picking is NOT penalized

Law 12 Fouls and ~~Misconduct~~

In WASA U6 & U7

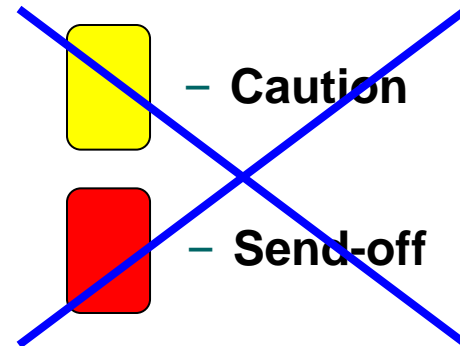
Fouls:

All fouls are penalized with
a Direct Free Kick



Misconduct:

Cards are not used



All Direct Free Kick Fouls are Enforced

- **Striking** (or attempting to strike) an opponent
- **Kicking** (or attempting to kick) an opponent
- **Tripping** (or attempting to trip) an opponent
- **Jumping at** an opponent
- **Charging** an opponent
- **Pushing** an opponent
- **Holding** an opponent
- **Illegally tackling** an opponent
(contacting the opponent before contacting the ball)
- **Spitting** at an opponent
- **Deliberately handling** the ball
- *In WASA...* **Slide tackling from behind**

~~Indirect Free Kick Fouls~~ U6 & U7

Keeper

- Holds the ball more than six seconds

Only **these four**
Indirect Free Kick fouls
are enforced

They are penalized with a
DIRECT FREE KICK

- ~~○ Offside~~
- **Dangerous play**
- **Impeding an opponent**
- ~~○ Preventing the keeper from releasing the ball~~
- **Double Possession**
2nd touch on start or restart
- ~~○ Any onfield offense which causes play to be stopped to caution or dismiss a player (trickery in passing the ball to the keeper)~~
- *In WASA,* **slide tackling in divisions U10 and below**

Law 13 Free Kicks

U6 & U7

~~Indirect~~

The ball must be touched by another player before a goal can be scored

Direct

A goal may be scored directly from the kick

Point in the direction of the kick

All free kicks are
DIRECT



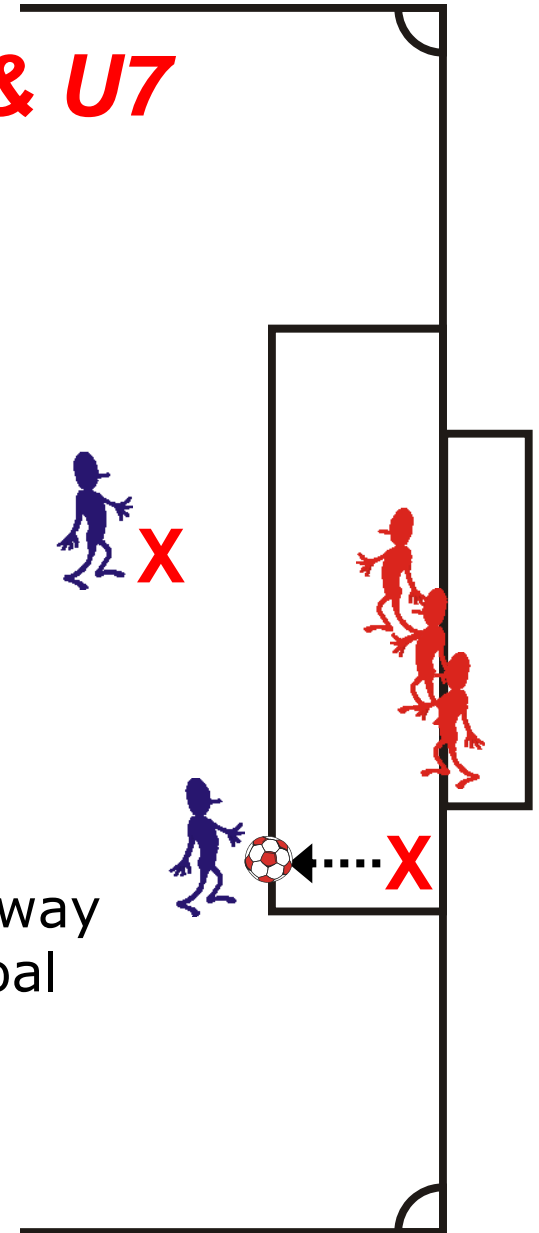
Law 14 Penalty Kick ~~U6 & U7~~

There are no penalty kicks

A direct free kick is awarded at:

- The spot of the foul *or*
- (If the foul occurs inside the goal area)
the closest spot on the goal area line
that is parallel to the goal line

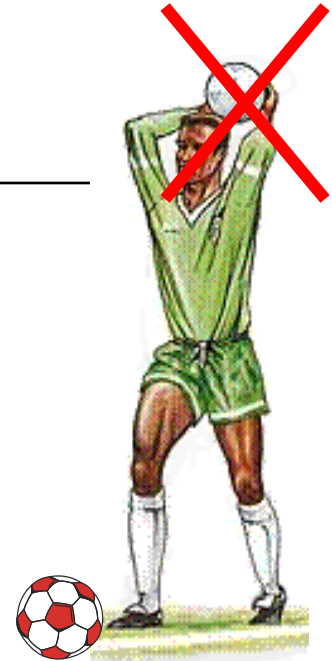
Defenders are allowed to line up 4 yards away
or closer than 4 yards if they are on the goal
line in the goal mouth



Law 15 Throw-In *U6 & U7*

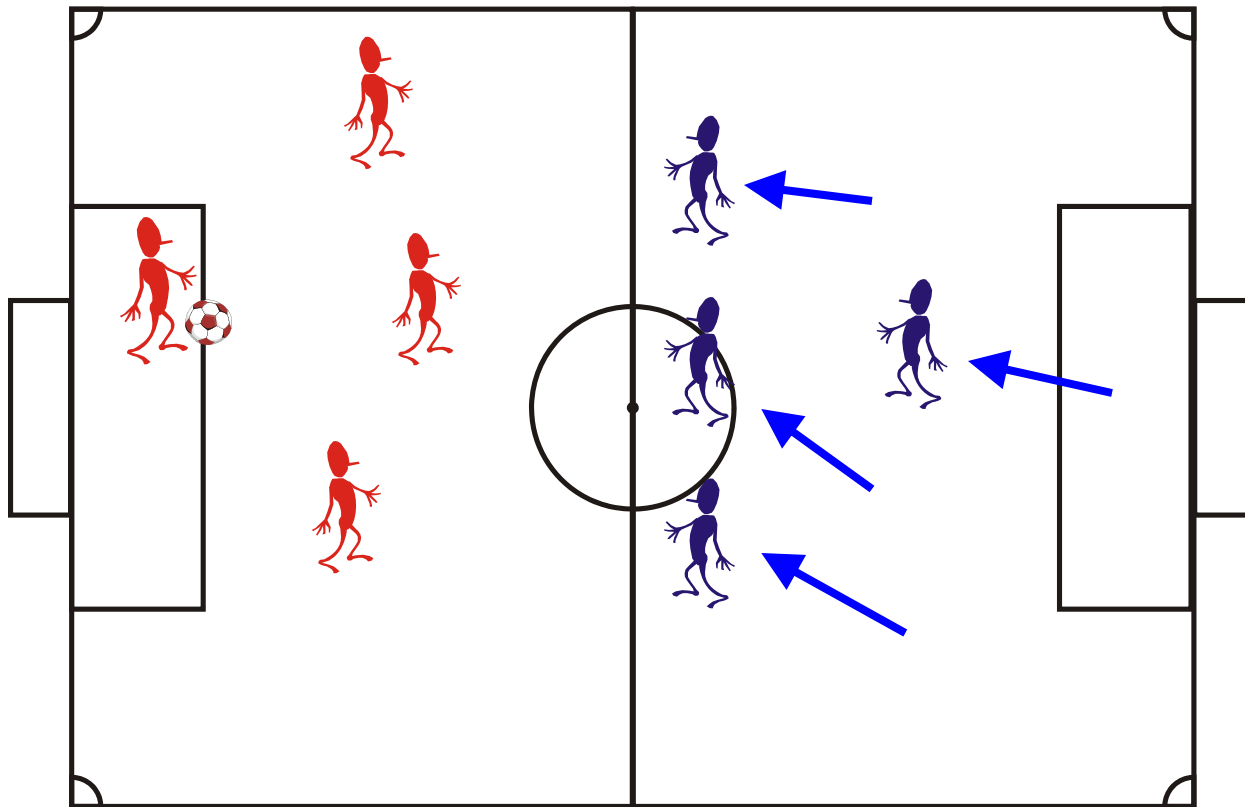
The ball is "Thrown-In"
with a **KICK-IN**

- The ball is placed on the sideline
- A player then kicks it into play
- Opponents must be 4 yards away
- A goal cannot be scored directly from a kick-in



Law 16 Goal Kick **U6 & U7**

- Defenders are allowed anywhere at any time
- **Opponents must be in their own end until the ball is in play**



Law 16 Goal Kick **U6 & U7**

- The ball is in play when it is kicked and moves
- The kicker may not play the ball again until it has touched another player
(free kick to the opponent at spot of the 2nd touch)

